

CPR

Course Description –

This course will provide the student with the knowledge and the skills necessary to keep someone alive and perform the proper techniques of cardiopulmonary resuscitation, including performing CPR on a mannequin. It teaches how to recognize a medical emergency and how to initiate the Emergency Medical Service (EMS) and its importance.

The course teaches how to identify breathing emergencies and learn proper technique for someone who may be choking.

Also taught is the signals of and how to care for cardiac arrest. There is some discussion of cardiovascular disease and how to control or avoid it.

The student is issued an American Red Cross Adult CPR completion of course card good for two years.